

SGPT

SMALL GROUP PERSONAL TRAINING

| MON | TUE | WED | THU | FRI | SAT |
|----------|----------|----------|----------|----------|----------|
| 6:00 AM | 6:00 AM | 6:00 AM | 6:00 AM | 6:00 AM | |
| 9:00 AM | | 9:00 AM | | | 9:00 AM |
| 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM | 10:00 AM |
| | 5:30 PM | | 5:30 PM | | |